

Quarterly Report from RPIC

April 5, 2018

The following RPs make up the current Registered Psychotherapists Insurance Committee

Diana Orgera
Natalie Haynes
Heather Evans
Nance Sigafos

This report is intended to bring the OACCPP Board up to date on what is happening with our committee.

The essence of our mission at the RPIC is to educate and influence the decision-makers at large companies and corporations to amend their mental health package to include Registered Psychotherapists. To this end, we are focussed on empowering the nearly 6,000 RPs in Ontario to have the understanding, knowledge and resources needed to advocate for themselves and their clients who seek coverage through 3rd Party insurance.

The RPIC has undergone a major shift in the beginning of 2018. We have spent the first quarter of 2018 restructuring and revisioning the goals and outreach of the volunteer committee.

These are our current areas of focus:

- 1) We are creating a packet of materials to empower RPs to better understand the issues of insurance inclusion. This packet would be accessible through the rptherapybenefits.ca website, and would contain talking points, answers to employer FAQs, and a debriefing document to report on the outcome of any contact with employers who are considering adding RPs to their mental health benefit package.
- 2) Using the website and email blasts from our sponsoring organizations to increase and build awareness in the Registered Psychotherapist community of what the insurance challenges are, and what they can do to help move our mission forward.
- 3) Engage in outreach to the major employers in Ontario who have not yet added us to their benefits. Identify these employers, find contacts in their HR departments who are “decision-makers” and meet with them in order to “pitch” the inclusion of RPs.